



Hours of Operation

1735 Simpson Ave. Ocean City, NJ 08226 • (609) 398-6900 • Visit us at www.OCNJ.US Go to Aquatic & Fitness

Pool:

Monday-Friday

5:00 – 5:45 AM	12 Lap Lane Slots
6:00 – 6:45 AM	12 Lap Lane Slots
7:00 – 7:45 AM	12 Lap Lane Slots
8:00 – 8:45 AM	8 Lap Lane Slots & 10 REC
9:00 – 9:45 AM	8 Lap Lane Slots & 10 REC
10:00 – 10:45 AM	8 Lap Lane Slots & 10 REC
11:00 – 11:45 AM	Water Exercise Class
12:00 – 12:45 PM	Water Exercise Class
1:00 – 1:45 PM	12 Lap Lane Slots
2:00 – 2:45 PM	8 Lap Lane Slots & 10 REC
3:00 – 3:45 PM	OCHS SWIM TEAM
4:00 – 4:45 PM	OCHS SWIM TEAM
5:00 – 5:45 PM	8 Lap Lane Slots & 10 REC
6:00 – 6:45 PM	8 Lap Lane Slots & 10 REC
7:00 – 7:45 PM	C-Cerpants Swim Practice
8:00 – 9:30 PM	C-Cerpants Swim Practice

Saturday

7:00 – 7:45 AM	OCHS SWIM TEAM
8:00 – 8:45 AM	OCHS SWIM TEAM
9:00 – 9:45 AM	8 Lap Lane Slots & 10 REC
10:00 – 10:45 AM	8 Lap Lane Slots & 10 REC
11:00 – 11:45 AM	Water Exercise
12:00 – 12:45 PM	12 Lap Lane Slots
1:00 – 1:45 PM	12 Lap Lane Slots
2:00 – 2:45 PM	8 Lap Lane Slots & 10 REC
3:00 – 3:45 PM	8 Lap Lane Slots & 10 REC
4:00 – 4:45 PM	C-Cerpants Swim Practice
5:00 – 6:30 PM	C-Cerpants Swim Practice

Sunday

8:00 – 8:45 AM	8 Lap Lane Slots & 10 REC
9:00 – 9:45 AM	8 Lap Lane Slots & 10 REC
10:00 – 10:45 AM	8 Lap Lane Slots & 10 REC
11:00 – 11:45 AM	Water Exercise
12:00 – 12:45 PM	12 Lap Lane Slots
1:00 – 1:45 PM	12 Lap Lane Slots
2:00 – 2:45 PM	8 Lap Lane Slots & 10 REC
3:00 – 3:45 PM	8 Lap Lane Slots & 10 REC
4:00 – 4:45 PM	8 Lap Lane Slots & 10 REC
5:00 – 6:30 PM	8 Lap Lane Slots & 10 REC

Special Dates:

Tues 02/16	– OCHS Swim Meet: 3PM- 5:45PM
Tues 02/23	– OCHS Swim Meet: 3PM- 5:45PM
Tues 03/2	– OCHS Swim Meet: 3PM- 5:45PM
Fri 03/12	– OCHS Swim Meet: 3PM- 5:45PM

Racquet Ball Court:

(45 - Minute Time Slots) - 25 Members per Time slot

Monday thru Friday: 7:00 AM – 5:00PM

Saturday & Sunday: 8:00 AM – 4:00PM

Gym:

(45 Minute Time Slots) – 25 Members per Time slot

Monday thru Friday: 5:30 AM – 12:30PM

1:30 PM – **CLOSED**

2:30 PM – 7:30PM

Saturday & Sunday: 8:30 AM – 12:30PM

1:30 PM – **CLOSED**

2:30 PM – 3:30PM
